

Upstate Air Quality Strategies and Actions – Individual Actions

As part of the Upstate Air Quality Pledge/Resolution, I commit to identifying which of the items listed below I can accomplish to help reduce air emissions and promote clean air in the Upstate.

I Commit! (check all that apply)	Strategy	Potential Individual Actions
	Utilize Tire Pressure Checks to increase fuel efficiency and reduce emissions	<ul style="list-style-type: none"> • Check tire pressure on all personal vehicles monthly • Encourage family, friends and co-workers to check tire pressure monthly
	Use ride-sharing or park and ride programs to reduce number of vehicle on the road	<ul style="list-style-type: none"> • Advocate to implement ride-sharing or park & ride programs at work • Sign-up to participate in ride-sharing or park & ride programs • If parent of school age child, assist with development of Walking School Bus program
	Develop Lawn Mower Exchange Programs to reduce emissions from gas lawn mowers	<ul style="list-style-type: none"> • Consider trading in gas powered mower and lawn equipment for electric, propane or reel mower • When using gas-powered equipment, keep them tuned up, mow less frequently and postpone mowing until after 6 pm
	Promote No-Idling Programs to reduce emissions from vehicles when parked, standing or waiting for service	<ul style="list-style-type: none"> • Turn off motor when sitting in a parking lot or driveway • Rather than use a drive-thru window, park and walk into fast food restaurants, banks, dry cleaners or other businesses that offer drive-thru services • Park car and walk children into school rather than wait in car lines
	Encourage Alternative Work Schedules as way to reduce vehicles on the road at peak times	<ul style="list-style-type: none"> • Work with employer to develop and implement an Alternative Work Schedule Program • Utilize conference calls and other mechanisms for conducting meetings
	Promote Multi-Modal Transportation as an alternative to driving	<ul style="list-style-type: none"> • Consider using alternative travel methods (transit, walking, biking) when possible • Download Enviroflash and note the next day's predicted air quality
	Assess Energy and Emission levels of facilities	<ul style="list-style-type: none"> • Conduct an energy audit to identify opportunities to reduce energy usage • Use programmable thermostat or manually the temperature while at work and at night • Properly insulate your house to increase energy efficiency • Install and use ceiling fans to cool rooms • Replace incandescent bulbs with energy efficient CFL bulbs
	Explore potential for utilizing vehicles that use alternative fuels	<ul style="list-style-type: none"> • Consider purchasing a vehicle that use gasoline alternatives such as electric power, biodiesel fuel or natural gas
	Optimizing logistics and vehicle trips	<ul style="list-style-type: none"> • Consolidate trips and minimize trip distance and frequency • Use public transit or carpool when possible • Work with employer to establish a rideshare program • When possible shop at stores close to your residence or business to minimize trip distance